

Sensory Processing Service

Stage 1

- Website and Self Help

Stage 2

- Telephone consultation with a therapist

Stage 3

- Face to Face assessment with therapist

Stage 4

- Indepth Sensory report and recommendations

Stage 1

I'm sensitive to touch and sound, I'm clumsy and disorganised. Could I have sensory differences?



I'll look on the website to find out! Yes I think I do and I'll try some of the strategies on the website.



I have help from a SENCO and they know about sensory processing, I'll ask the SENCO for help to make some changes to my classroom.



Ok, so the changes helped a bit but I'm still not really understood and it's affecting my happiness. I won't go to school anymore and I hit out at home.



Let's make a referral to the sensory team →

Stage 2

A therapist telephoned mum and talked about my difficulties.

She made some suggestions and wrote them in a letter.

Let's give them a try.



The recommendations really helped but on the phone my mum told the therapist how my sensory processing is still affecting my wellbeing and behaviours including sleeping and eating and she doesn't know what to do.



Time to see a Sensory Therapist →

Stage 3



I've come today to have my sensory assessment.

After this I'll get a report and recommendations about my sensory processing needs.

I might need specialist interventions like equipment or sensory strategies just for me!

Using the report →

Stage 4

My report recommended sensory strategies for school. The therapist came to my school and worked out a plan with my teacher.



I now have a better understanding about my needs and so do those around me. The strategies have helped me learn about how to cope with touch during personal care and how to manage the texture for my food. I have been discharged from the sensory team.

I was given exercises and these are helping my movement difficulties and keep me settled. I have my own sensory strategies too and these help me to stay calm at school.



The End